

KIDS CAN CHRONICLES

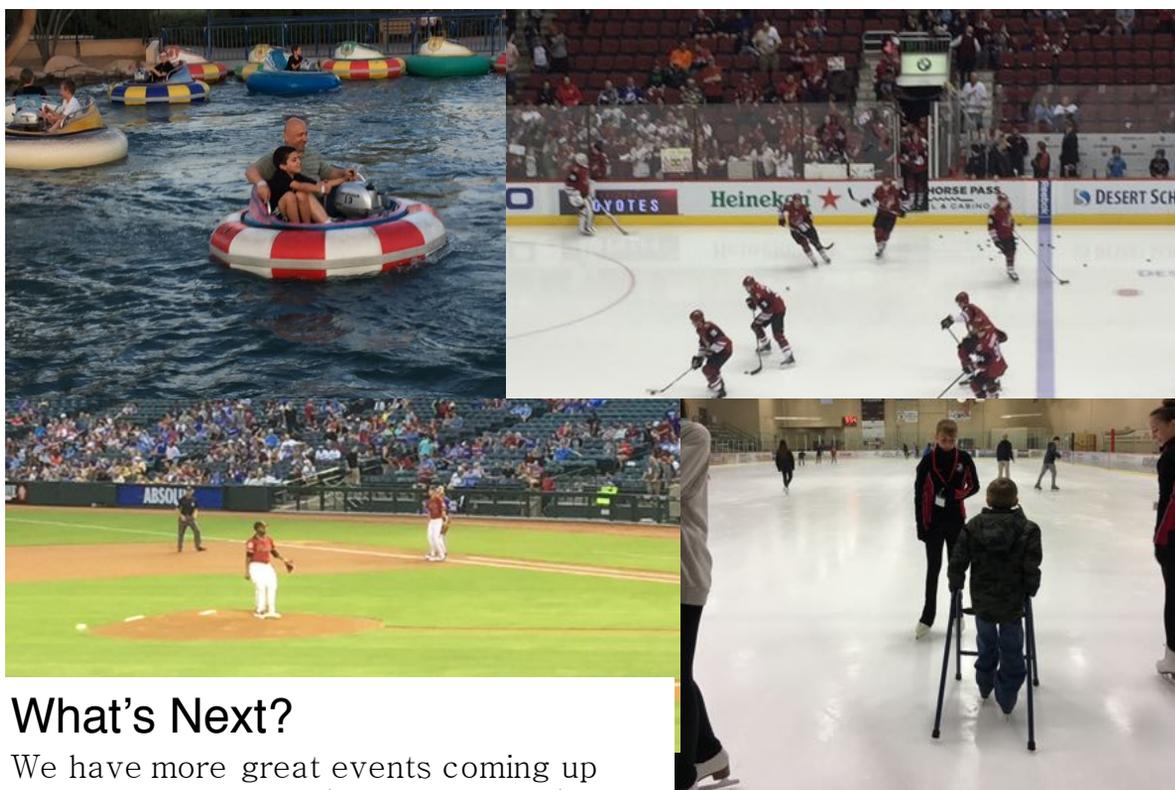
www.kidswithautismcan.org

It's All Fun and ...More Fun!

So far this year we have attended a couple of D'Backs games – thanks to the Diamondbacks for their ticket donations! We have also enjoyed a Phoenix Mercury game, a great night at Crackerjax, attended Autism Night with the Coyotes where our kids were on the ice, as well as a great play with PHX Theatre! We are excited to share more events throughout the rest of the year!

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It's All Fun and ... more Fun	1
What's Next?	1
We Need Some Helpers	2
Need a Helping Hand?	2
Getting Back to Business	2
Nicholas: Life at 20	3
Recipe- Pesto	4
Auction Success!	5



What's Next?

We have more great events coming up this Fall and Winter (some are filled). We are planning on AZ on the Rocks for October, and in November as always, we will have Fall fun at MacDonalld Ranch. It will be a thrill at The North Pole Experience and we are hoping for Polar Express tickets as well! We will also be out and about enjoying a Suns game. We need helpers for the 50/50 raffle, the same night as the game. In December we will all be busy with the holidays but we will be back with more in January.



We Need Some Helpers

On November 12th, we will once again be the organization that has been given the opportunity to participate in the 50/50 Raffle with the Phoenix Suns! We need helpers!!! We need a combo of kids and adults to help sell the raffle tickets that night. In all honesty, this is a great fundraiser but it is always a little tricky to get enough helpers so if you benefit from what we do, this is a perfect and easy opportunity to give back and help us earn money for future events! We have 300 families on our events list. That means about 1000 people at least on the list. We should be able to get 25 people to help. We know many of you have tricky family situations and babysitters might not work, but perhaps you could find someone to come and help on your behalf. If you have a kiddo (on the spectrum or not) who needs service hours, this is a good opportunity. You can be with them the whole time. We currently have less than 10 people signed up to help at the event.

Need a Helping Hand?

We are getting into holiday time and that is always a time that costs extra \$. We have families facing financial challenges and we do have some grocery and a few other gift cards available. Please email us if you are in need of a little extra and we will see if we can help you out in any way. Thanks to Boys Team Charity families for providing these gift cards! We cannot help purchase gifts but might be able to help a little with grocery or gas cards. We would like to help you, with what we have available!

Getting Back to Business

As many of you know, Katie has been battling a Staph infection and 4 surgeries. So more events are coming, but we do need to to keep a reasonable pace. If you have emailed and not received a response, please email again. She was pretty much out of commission and has missed out on some things over the last few months, but she is on the road to recovery and you should be seeing her back in action soon!

We have also had a few people say when they register for events they aren't getting confirmations. You should get a confirmation or refusal if the event is filled. If you are unsure, always feel free to check in with us!

Coming Events! It's All Fun and...

Oct 15th
AZ on the Rocks
(only six spots left)



Nov 6th
MacDonald Ranch



Nov 12th
Phoenix Suns – Volunteers
Needed

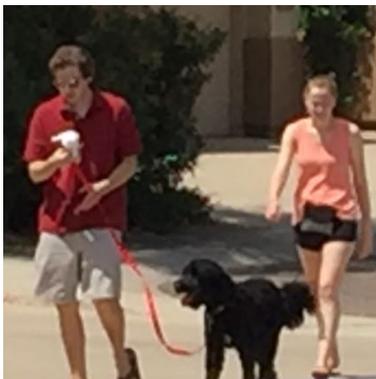


Nicholas: Life at 20

So many of you check in on Nicholas and ask how he is doing so it seemed like time for an update.

His first dog was not a success, but about a month ago we had the pleasure of welcoming Charles into our home. Nicholas is working hard with the help of Paige to get Charles used to campus life. Charles will be joining us at some of our future Kids with Autism Can events so he can share some love with all of you as well. It has been fun to watch Nicholas start to develop a relationship with Charles. A moment of empathy came when Nicholas said, "I feel bad, I can have grapes but Charles can't eat them." He is learning to care about more living things than himself!

Nicholas is now a Junior at ASU, majoring in Film. His grades are strong but we do run into occasional challenges. Currently, we are trying to figure out what an internship will look like for Nicholas. We are also very grateful for the support provided by Northbridge. Also, driving on campus or really anywhere around here is scary for everyone, so I tend to play it on the safe side and have Paige drive. She and I had a big conversation about what he can do and the fact is, as his mom, I am still too protective. I am growing but I am not there yet. Paige is better at saying "you need to try it yourself" and have Nicholas try before she helps. I did that well when he was young, but now the stakes and the danger factors are higher and I am realizing how hard it is to let go and how much work I need to do. It is not that I don't have confidence in Nicholas, but as with all of my kids, I want to keep them safe. I understand that prevents some growth, so I am going to try to remember to "help" them more by "helping" them less.

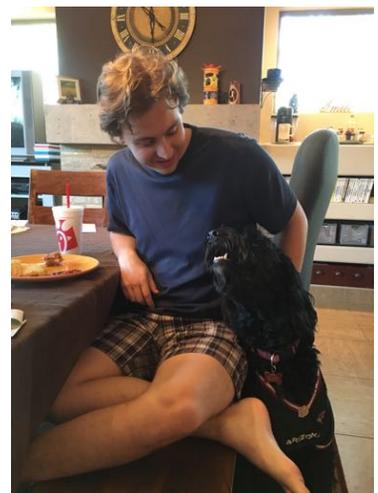


Nicholas'
New Service Dog
Charles!

Hope Dog Challenge

For all of our dog lovers we have some fun for you! We don't have all of the details but if you find this interesting we recommend you reach out to them on Facebook. Fun and Frisbees to be had! Here is their link.

<https://www.facebook.com/HopeDogChallenge/?fref=ts>



Recipes

End of Summer Special

Pesto is the ultimate summer food and if you live anywhere but in Arizona, it is getting to be the end of the season and basil needs to be picked and used. You can marinate meats, toss it with veggies and/or pasta, put it on pizza and use it so many other ways. This recipe isn't super strong (heavy in cheese and a medium amount of garlic and mild pine nuts) keeps it appealing to most and your kids can develop a taste for something new and green! You can also make it with spinach if you want it more mild than basil. We spread it on raw chicken breasts and grill them. My kids love it and grilling keeps the pesto flavor less strong.

Traditional Pesto

- 2 $\frac{1}{2}$ cups basil, picked from stems, washed and gently dried
- $\frac{3}{4}$ cup grated parmesan cheese
- 4 large cloves of garlic
- $\frac{1}{2}$ cup pine nuts, toasted
- $\frac{1}{4}$ tsp sea salt
- $\frac{1}{2}$ cup olive oil



Put basil in food processor, chop lightly with blade. Then add cheese, garlic, pine nuts, salt and olive oil. Run food processor until ingredients form a paste.

When it is prepared I freeze it in small amounts in an ice cube tray, and then I transfer the cubes to a Ziploc when frozen, then I keep them in the freezer. That way I can pull out small amounts at a time and add flavor to soups and sauces as well.

Auction Success!

Thank you for all of your donations and your attendance at our silent auction in May. It was a success, both monetarily and as a way to help people learn more about what we do. We were able to share more about our goals with the community and help fund multiple events!

The donation support was amazing and the hands on help was proof of how amazing people can be when they come together for a cause.

... I am not afraid of storms, for I am learning how to sail my ship.

Louisa May Alcott

Auction Success! (con't.)

We have a few items that didn't have bids at the auction, I think partially because for the most part the attendees were our supporters, not our event families that attended. We have three items remaining, that we would like to sell. Email if you are interested, you can email me with your bids and the highest will win the item. Emails to info@kidswithautismcan.org are the only bids we will accept. Please don't text or Facebook bids, it will become difficult to monitor the bids if they come in from multiple places. **I will update current bids on Facebook and bidding will end Saturday October 15th at 9am.**

Horse Therapy– Envision Therapeutic Horsemanship, Inc, is an equine program that provides not only therapeutic horseback riding for children and adults with special needs, including autism, but it also encompasses a wide range of horse activities for the entire family. Family support is crucial in these stressful times when it includes a special needs member, not only for the parents but for the siblings as well. Envision has programs for these needs. But it doesn't stop there. Envision is also for any individual in transition, be it grief, abuse, and divorce, and all types of life stresses, using the magic of the horse. The basket shown is full of horsie craft items for children but Envision's services are for everyone! Visit envisiontherapy.org for more information and proceeds from this basket go to Kids With Autism Can. Minimum Bid \$60

4 Tickets to Seaworld (San Diego)–Value \$356 Expires 5/31/2017. There are some blackout dates, Including 12/26 to 12/31. Minimum Bid \$75

Northbridge Accuplacer Ready Workshop! Valid through May 2019. Value \$100 Minimum Bid \$40. Please feel free to contact Northbridge if you have questions on this or any of their other transition programs!



Kids with Autism Can regularly updates their website. Please check back frequently for events and new information. Take time to dive into the stories and perhaps share some of yours.



Kids with Autism Can
Address: P.O.Box 25416
Scottsdale, AZ 85255
Phone: 480-206-6102
Email: info@kidswithautismcan.org